

BATTLE OF UTRECHT

3 oktober 2010



SPARRING & TULS
youth, junior and senior



Battle of Utrecht is part of the Pro League Tournament

www.promatour.nl

New Sporthall

Utrecht, Sporthal Nieuw Welgelegen

Grebbergenlaan 13 3527 VX Utrecht

Inscription before 19 september 2010

organization James Tjin-A-Ton
 Henny van Zon
 Liesbeth Willems

e-mail info@itf-taekwondo.nl

phone +31 6 54 277 369

web www.itf-taekwondo.nl





BATTLE OF UTRECHT

Date:

Sunday 3 October 2010

Place/Time Table

Sportshall Nieuw Welgelegen the same as the IIC Netherlands (19-20-21 November 2010). www.iicnetherlands.nl

Grebbergenlaan 13

3527 VX Utrecht

Utrecht, Netherland

Sport hall open:	08.00 hour
Measuring kids and weight inn juniors/	08.30-09.00 hour
Adults weight inn	11.00u
Coach/Umpire meeting:	08.30-09.00 hour
Opening:	09.15 hour
Start Kids&Juniors/Adults Pattern	09.30 hour

Sparring time:

Kids:	1 x 1,5 minutes, extension time 30sec. still a draw than golden point.
Junior/Senior B classes:	1 x 2 minutes
Junior/Senior A classes:	1 x 2 minutes
Extension time (the organizer has the right to change the time)	1 x 1 minutes, still a draw than golden point .

Divisions and classes:

- A divisions: blue belt and higher (continue syteem)
- B divisions : white belt up to green/blue belt (point-systeem)
- There divisions and classes for kids/juniors/seniors
- length and weights
- Knock-out system (1 x 3e place)
- Male/female kids/juniors/seniors are divided in separate classes.

Ages:

- Kids male: up to 14 year
- Kids female: up to 14 year
- Junior male: 15 / 16 en 17 year
- Junior female: 15 / 16 en 17 year
- Senior male: 18+ year
- Senior female: 18+ year

Length Sparring:

Kids male: -130, -140, -150, -160, -170, +170

Kids female: -130, -140, -150, -160, -170, +170

Weight classes Sparring:

Junior female: -45, -50, -55, -60, +60kg

Junior male: -52, -58, -63, -70, +70 kg

Senior female: -52, -58, -63, -70, +70 kg

Senior male: -54, -63, -71, -80, +80 kg

Changes in the length/weight classes can be made but will cost **€10,-** per change.

(The organization reverses the right to put divisions together)).

Patterns/Tuls:

2 competitors against each other. Competitors performs one tul. KO system

- | | | |
|--------------|---|------------------|
| - 10 - 9 gup | : | up to Chon-Ji |
| - 8 gup | : | up to Dan-Gun |
| - 7 gup | : | up to Do-San |
| - 6 gup | : | up to Won-Hyo |
| - 5 gup | : | up to Yul-Gok |
| - 4 gup | : | up to Joong-Gun |
| - 3 gup | : | up to Toi-Gye |
| - 2 gup | : | up to Hwa-Rang |
| - 1 gup | : | up to Choong-Moo |
| - 1 dan | : | up to Ge-Baek |
| - 2 dan | : | up to Juche |
| - 3 dan | : | up to Choi-Yong |
| - 4 dan + | : | up to Moon-Moo |

Umpires:

Must wear, blue/black trousers, white shirt long sleeves, blue/black tie, with shoes.

1 up to 7 competitor: 1 umpire

8 up to 15 competitor: 2 umpire

16 + competitor: 3 umpire, one centre referee.

No umpire? There will be a fine of € 75,- for every missing umpire

-For every umpire we have a nice hot meal!!!!

Coaches(only in track suite and with a towel):

1 up to 5 competitors: 1 coach

6 up to 10 competitors: 2 coaches

11 up to 15 competitors : 3 coaches

16 + competitors: 4 coaches

Attention: We want to do also something for the coaches because, they stimulate there participants to compete, train& support them. For every coach (max 4, see list above) we heave a nice hot meal!!!!

Rules:

- Semi-contact individual points:
 - a. 1 point for all hand techniques head/chest
 - b. 2 points for all kicks at the chest
 - c. 3 points for all licks to the head.
- No open hand safety kicks or boxing gloves are allowed, also for example to thin black “Kwon” safety’s.
- Soft shin protection is allowed,
- Head guard for the Kids is mandatory.**
- Semi-contact individueel sparring (I.T.F-Taekwon-Do ruls);
- Tuls (individueel) Knock down systeem.

Points, warnings, minus points and disqualification are recording of the ITF-AETF Taekwon-Do rules see the website::

www.itfeurope.org/competition_rules.html

In case of a dispute the head referee has the final decision. Protest form available at the WOC table fee €50,-

Fee competition:

1 event € 20,-
2 events € 25,-
Entree supporters: € 5,- per person
The will be no restitution of the entry fee

Deadline for the entry forms is Sunday September 19 september 2010

Please send the forms to:

Henny van Zon en James Tjin-A-Ton&Liesbeth Willems
Dommelseweg 87A
5554 NM Valkenswaard
Tel: +31402070900/ +31654277369(James)
E-mail: info@sportprijzenvalkenswaard.nl

Organisation:

Taekwon-Do IN NAE DO KWAN

James Tjin-A-Ton & Liesbeth Willems

Henny van Zon (WOC)

Tel: +31(0)6 54 277 369

E-mail: info@itf-taekwondo.nl

Web: www.itf-taekwondo.nl

Liability:

Every competitor/school is himself responsible that he/she is taken part without physical or mental restrictions or medical indication in this tournament.. The organization is not responsible for any damage as a result of careless acts.

By participation one agrees .

Hotel accommodation:

Website hotels:

www.channels.nl/hotel_index_nl_utrecht.html

By Car :

From Amsterdam, Den Haag and Hertogenbosch

- exit 8 A2 follow the sign **Centrum**.
- Drive straight , afther the rondabout 24 oktoberplein, also straight follow the sign Centrum-Jaarbeurs
- Afther 500m you will see an **Shell tankstation** on your right, turn right the street Overste den Oudenlaan
- Traffic lights, straight, you will see the Sportshall on your right
- First street to your right **Grebbergenlaan** sportshall Nieuw Welgelegen

Coming from Arnhem follow direction Ring Utrecht- Nieuwegein

- Stay on the right side of the road and please follow the sign Ring Utrecht
- Then follow the exit and sign Centrum and see above.